

ZAZENKAI

Date : Sunday 24 August 2008

Duration : 9:00 am - 4.00 pm with a one hour lunch break between 12:00 and 1:00 pm

Venue: Hatha Yoga Centre,
172 Hutt St,
Adelaide

Program: Zazenkai offers participants a taste of extended zazen, the Zen form of meditation, and follows the usual form of our Sunday sittings.

Essentially it is a one day retreat and participants are expected to observe silence for the duration.

Bob Joyner is the resident teacher of the Adelaide Zen Group. He received full Dharma Transmission in the Diamond Sangha lineage in July 2003. Bob will be giving dokusan (interviews) during the morning and, depending on the number of participants, an encouragement talk in the afternoon.

Cost: \$10 for the day, \$5 for part-time attendance in either morning or afternoon.

Participants are requested to provide their own lunch and drinks.

Further information : may be obtained from Rod Owen,
phone: 8339 6578, email: owenshan@internode.on.net.